

## TCM CHINESE MEDICINE



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Traditional Chinese medicine (TCM; simplified Chinese: ; traditional Chinese: ; pinyin: Zhōngguó yīxué ) is a style of traditional medicine built on a foundation of more than 2,500 years of Chinese medical practice that includes various forms of herbal medicine, acupuncture, massage (tui na), exercise (qigong), and dietary therapy, but recently also influenced by modern Western medicine.

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### **Traditional Chinese Medicine In Depth NCCIH**

Traditional Chinese medicine (TCM) originated in ancient China and has evolved over thousands of years. TCM practitioners use herbal medicines and various mind and body practices, such as acupuncture and tai chi , to treat or prevent health problems.

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### **What Is TCM TCM World**

TCM factors in the particular season, geographical location, time of day, as well as your age, genetics, and the condition of your body when looking at your health issues. 3. You were born with a natural self-healing ability.

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### **What Is Traditional Chinese Medicine TCM Shanghai Explains**

Traditional Chinese Medicine (TCM) has been successfully practiced in China for more than 3,000 years and is one of the oldest healing systems in the world.

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### **TCM World Traditional Chinese Medicine for Self Healing**

Traditional Chinese Medicine is rooted in the understanding that everything is energy & all energy is consciousness. We teach you how to apply these principles for self healing and to achieve better health.

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### **Perth Chinese Medicine Clinic TCM Health Care**

Chinese Medicine. Traditional Chinese medicine is the second largest medical system in the world. TCM has been systematized and theorized in practice and has developed many methods to keep health for thousands of years.

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### **TCM Shanghai Traditional Chinese Medicine Dubai UAE**

Traditional TCM Treatments. Traditional Chinese Medicine treatments have been practised for more than 3,000 years. Traditional Chinese Medicine is centered around the body s Qi. Our Qi is the body s invisible energy force.

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